



5th Leicester Interventional Pain Cadaver Workshop (LIP-CAD)

9th & 10th June 2020

**Expert Lecture- Dr. Rafael Blanco
Consultant in Anaesthesia & Pain Management, Abudhabi, UAE**

**Fascial Plane Block for Chronic Pain Management
Erector Spinae, PECS, Serratus Plane Block- Do they work?**

Program

Day 1

9th June 2020 (Morris Shock Building)

8:30-9:00- Registration and Coffee

9:00-9:15- Introduction- Lecture- Dr. Bhayani/ Dr. Kamel

9:15-9:30- Lecture-Demo (Lumbar Spine- Dr Kamel)

**9:30-10:30- Station 1 (Cadaver Prone)
(FJI, Lumbar Nerve Root Block, Lumbar Sympathetic Block)**

10:30-10:45- Break

10:45-11:00- Lecture- Demo (Lumbar Facet joint MBB, Lumbar Facet Joint RF- Dr Bhayani)

**11:00-12:00- Station 2 (Cadaver Prone)
(Lumbar Facet joint RF treatment)**

12:00-12:30- Lecture- Demo (Cervical Spine- Dr. Gulati)

12:30-13:30- Station 3 (Cadaver Lateral)

(Cervical Facet joint MBB, Third Occipital Nerve, Cervical Facet Joint Injection)

13:30-14:00- Lunch Break (Sponsor Presentations-GE)

14:00-14:15- Regenerative Therapy for Pain Management

14:15-14:30- Lecture- Demo- (Cervical Spine RF- Dr. Bhansali)

14:30-15:30- Station 4 (Cadaver Lateral)

(Cervical Facet Joint RF)

15:30-15:45- Break

15:45-16:00- Lecture- Demo (SIJ, Ganglion Impar- Dr Ghazi)

16:00-16:45- Station 5 (Cadaver Prone)

(SIJ, Ganglion Impar)

16:45-17:00 Lecture- (SIJ RF treatment- Dr. Haider)

17:00-17:30- Station 6 (Demo only) (Cadaver Prone)

(SIJ RF treatment)

17:30-17:45- Feedback, instructions for Day 2 & Close

Day 2

10th June 2020 (Maurice Shock Building)

8:30-8:45- Registration and coffee

8:45-9:15- Lecture- Demo (Head, neck, Peripheral Structures)

9:15-10:30- Station 1 (Cadaver Lateral)

(Cervical Facet MBB, Cervical sympathetic chain, Cervical selective nerve root block, Greater Occipital Nerve block and RF, **Quadratus lumborum block, GT Complex**)

10:30-10:45- Break

10:45-11:00- Fascial plane blocks for chronic pain management- do they work?- Dr. Rafael Blanco

11:00-11:30- Lecture- Demo (Thorax, Lumbar Spine, Pelvis)

11:30-12:45- Station 2 (Cadaver Prone)

(Intercostal nerve block, ESP, Caudal, SIJ, Piriformis, Sacral plexus Pudendal, Lumbar Spine, **Shoulder joint, SSNB, Axillary NB**)

12:45- 13:30- Lunch Break

13:30-14:00- Lecture- Demo (Upper extremity-MSK 1)

14:00-15:15- Station 3 (Cadaver Supine)

(ACJ, Bicep peritendinous sheath, SASD Bursa, Carpal Tunnel, Elbow, **PECS, Serratus Plane, II-IH Nerves, TAP Plane, Rectus Sheath**)

15:15-15:30- Break

15:30-16:00- Lecture-Demo (Lower extremity-MSK 2)

16:00-17:00- Station 4 (Cadaver Supine)

(LFCN, Hip, Ilio-psoas Bursa, Hip joint articular branches of femoral Nerve, Knee joint, Knee Genicular Nerves, Adductor Canal, Saphenous Nerve)

17:00- Feedback & Close

Procedures covered

Day 1 Procedures

1. Cervical facet medial branch block
2. Third occipital Nerve Block
3. Cervical facet joint injections
4. Cervical medial branch RF
5. Lumbar facet medial branch block
6. Lumbar facet joint injection
7. Lumbar facet medial branch RF
8. Lumbar selective nerve root block
9. Lumbar sympathetic plexus block
10. Thoracic facets
11. Ganglion Impar
12. Sacro-iliac joint injections
13. Sacro-iliac joint RF (Demo only)

Day 2 Procedures

1. Cervical sympathetic chain
2. Cervical selective nerve root block
3. Greater Occipital Nerve block and RF
4. Caudal epidural
5. Ganglion Impar block
6. Acromio-clavicular joint injection
7. Shoulder joint injection
8. Bicep peritendinous injection
9. Supra scapular nerve block and RF
10. Axillary nerve block and RF
11. Carpal tunnel and RF
12. PECS and Serratus plane block
13. Quadratus lumborum block
14. Erector Spinae Plane block
15. Intercostal nerve block
16. Ilio-inguinal and Ilio-hypogastric nerve block and RF
17. Lateral femoral cutaneous nerve of thigh (LFCN) and RF
18. Knee joint injection
19. Knee joint genicular nerve block and RF
20. Saphenous nerve block and RF
21. Hip joint injection
22. Greater trochanter complex
23. Hip joint articular branches of femoral and obturator nerve block
24. Iliopsoas bursa injection
25. Piriformis injection
26. Sacral plexus block
27. Pudendal nerve block

Course Faculty

Dr. Rafael Blanco, Consultant, Abudhabi, UAE

Dr. Rahul Bhansali, Consultant, Chesterfield Hospital

Dr. Sadiq Bhayani, Consultant, Leicester General Hospital

Dr. Sumit Gulati, Consultant, Walton Centre, Liverpool

Dr. Yehia Kamel, Consultant Leicester General Hospital

Dr. Mahesh Kodivalasa, Consultant, Leicester General Hospital

Dr. Karim Shoukrey, Consultant, Leicester General Hospital

Dr. Yee Tang, Consultant, Leicester General Hospital

Dr. Devendra Tilak, Consultant, South Warwickshire NHS Trust

Dr. Shankar Ramasamy, Consultant, Barts Health Care NHS Trust

Dr. Arif Ghazi, Consultant, Royal London Hospital

Dr Shamim Haider, Consultant

Dr. Edward Williams, GP with Special Interest in MSK, Berkshire

Dr. Athmaja Thotthungal, Consultant, East Kent Hospitals NHS

Dr. Niraj Gopinath- Consultant, Leicester General Hospital