



SETSA Meeting – ESHT

Venue: Powder Mills Hotel, Battle
East Sussex
26th November 2019

East Sussex Healthcare 
NHS Trust

Timings are subject to change

0800 – 0845	Registration and Trade Exhibition Set Up	
0845	Welcome	
0900-1030	Session 1: Hot Topics	Chair: Dr James Bennett
0900	Opioid Free Anaesthesia	Dr Matt Brown
0930	Prehabilitation	Dr Heena Bidd / Dr Pele Banugo
1000	Erector Spinae Block	Dr Aidan Devlin
1030 – 1100	Coffee Break	
1100 – 1230	Session 2: New Guidelines 2019	Chair: Kieran Hills
1100	Safe Provision of Anaesthesia in MRI Units	Dr Alex Trimmings
1130	Post-dural puncture headache	Dr Tom Bate
1200	Perioperative Care of People with Dementia	Dr Jugdeep Dhesi
1230 – 1330	Lunch and Business Meeting (SETSA Council)	
1330 – 1430	Session 3: - Workshops	
Workshop A	Improving Prehabilitation in your hospital	Dr Heena Bidd / Dr Pele Banugo
Workshop B	Paraspinal Blocks, including erector spinae	Dr Aidan Devlin
Workshop C	The opioid dependent patient	Dr Matt Brown / Dr James Bennett
1430-1500	Coffee Break	
1500 – 1700	Session 4: Finale	Chair: TBC
1500	Trainee Presentations	
1600	Keynote Speaker: Sustainable Anaesthetic Practice	Dr Michael Charlesworth
1630	So...you want to become an examiner?	Dr Lynne Campbell
1645 – 1700	Prize Giving and Close	
1800	ESHT 'Thank You' Dinner (Invitation Only)	

Course organisers

Dr James Bennett james.bennett4@nhs.net

Dr Kieran Hills kieranhills@nhs.net

SETSA trainee representative

Dr Ben Hobson b.hobson@nhs.net

Please can trainees send abstract submissions for poster & oral presentations to setsaautumn2019@gmail.com no later than Friday 8th November 2019.