



WORLD ACADEMY OF PAIN MEDICINE ULTRASONOGRAPHY
3rd Ultrasound Interventional Pain Medicine Conference
Symposium, Live scanning and Cadaveric workshop
6th & 7th December 2019, London



Friday 6th December 2019: Symposium, Live Demo & Hands on Scanning
London Hilton Tower Bridge Hotel, 5 More London Riverside, Tooley Street, London SE1 2BY

Saturday 7th December 2019: Cadaveric workshop
Department of Anatomy, Hodgkin Building, Kings College, Guys Campus, London SE1 1UL

In partnership with



Dannemiller designates this live activity for a maximum of 21 AMA PRA Category 1 Credit(s)TM



*Applied for 10 CPD credits



The Royal College of Anaesthetists

Educational Objectives & Programme

Designed for Anaesthesiologists, Pain Physicians, PM & R Physicians, Radiologists, Rheumatologists, Neurologists & Orthopaedic Surgeons
Based on World Academy of Pain Medicine Ultrasonography [WAPMU] and World Institute of Pain [WIP] accredited curriculum & endorsed preparatory course for Certified Interventional Pain Sonologist [CIPS] exams

- Spine Ultrasonography: Cervical, Thoracic, Lumbar & Sacrum
- Musculoskeletal Ultrasonography: Upper & Lower Extremities
- Neuro Ultrasonography: Peripheral Nerves
- Prolotherapy & Regeneration Medicine: PRP & Stem Cells
- Neuromodulation: Peripheral stimulation & implants
- Radio frequency Sensory Denervation: Major Joints

Invited Faculty

Prof Bernard Morrigl, *MD PhD*
Innsbruck Medical University, Innsbruck, Austria

Dr Michael Gofeld, *MD PhD FIPP CIPS*
Silver Medical Pain Centre, Toronto, Canada

Dr David Spinner, *DO CIPS*
Icahn School of Medicine, New York, USA

Dr Micha Sommer, *MD PhD FIPP CIPS*
Maastricht University Medical Centre, Netherlands

Dr Mark Hurdle, *MD CIPS*
Mayo Clinic College of Medicine, Florida, USA

Dr Einar Ottestad, *MD FIPP CIPS*
Stanford University, Medical School, CA, USA

Dr Athmaja Thottungal, *FFPMRCA FIPP CIPS*
East Kent University Hospitals, Canterbury, UK

Dr Agnes Stogicza, *MD FIPP CIPS*
Pain School International, Budapest, Hungary

Dr Christ DeClerck, *MD FIPP CIPS*
St Johns General Hospital, Bruges, Belgium

Dr Pranab Kumar, *FFPMRCA FIPP CIPS*
Toronto Western Hospital, Canada

Prof Bijayendra Singh, *MS MRCS FRCS*
Medway NHS Trust, Kent, UK

Prof Ahmed Amine El Oumri *MD CIPS*
Mohamed VI University Hospital, Oudja Morocco

Dr Manuel Cifrian Perez, *MD FIPP CIPS*
IMED Hospitals, Valencia, Spain

Dr Yehia Kamel, *FFPMRCA, FIPP*
University Hospital of Leicester, UK

Dr Rajesh Gupta, *FFPMRCA FIPP*
Frimley Park Hospital, Surrey, UK

Conference Chair & Course Director

Dr Raja Reddy *MD FRCA FFPMRCA FIPP CIPS*
Medway NHS Trust, Kent, UK
rajavrreddy@gmail.com

REGISTRATION

Places Limited!

<http://www.bookcpd.com>

Further Information please contact:

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3rd WAPMU London CME- Workshop Schedule

Day 1, Friday 6th December 2019

London Hilton Tower Bridge Hotel
5 More London Riverside, Tooley Street,
London SE1 2BY

07:30 – 08:00 Registration & Coffee

08:00 – 10:00 Session one: Pain Symposium

Ultrasound in Pain Medicine: Anatomical Review
Prolotherapy: Applications in Pain Practice
Regeneration Medicine: Scientific principles
Shoulder Pain: A Surgeons Perspective
Radiofrequency sensory denervation of major joints: current concepts

10:00 – 10:30 Coffee & Exhibition

10:30 – 12:00 Session two: Live Demonstration

Spinal Ultrasonography: Cervical spine
Spinal Ultrasonography: Thoracic, Lumbar spine & Sacrum
Upper Extremity Ultrasonography: Shoulder, Elbow & Wrist
Lower Extremity Ultrasonography: Hip, Knee & Ankle
Posterior Pelvis Ultrasonography
Neuro Ultrasonography: Peripheral nerves

12:00 – 13:00 Lunch Break & Exhibition (Luncheon Session: Peripheral Nerve Stimulation)

13:00 – 15:00 Session three: Hands on Scanning (Station 1-8)

15:00 – 15:30 Tea & Exhibition

15:30 – 17:30 Session three: Hands on Scanning (Station 1-8)

Station 1: Spinal Ultrasonography: Cervical spine, Cervical Nerve Roots, Cervical sympathetic & Cervical facets/medial branches

Station 2: Spinal Ultrasonography: Thoracic & Lumbar spine
Thoracic facets, Lumbar facets/medial branches & Caudal epidural

Station 3: Upper Extremity Ultrasonography: Shoulder, Elbow & Wrist
LHB, Rotator cuff muscles/tendons, ACJ/GH joints, lateral elbow, cubital canal/ulnar nerve & Wrist/median nerve

Station 4: Lower Extremity Ultrasonography: Hip, Knee & Ankle Joint,
Greater Trochanteric Complex, Knee joint, medial/lateral knee, Genicular nerves & Tibio-talar joint

Station 5: Posterior Pelvis Ultrasonography: Sacro-iliac Joint, Piriformis,
Lumbo-Sacral Plexus, Pudendal Nerve & Obturator internus

Station 6: Neuro Ultrasonography of peripheral nerves: Greater Occipital,
Suprascapular/Axillary, Ilio-inguinal, Lateral femoral cutaneous nerve

Station 7: Sonoanatomy review of all Structures: Ask the expert station

Station 8: Physical Examination: Shoulder & Hip

17:30 – 18:00 Q & A, Instructions for day 2 cadaver workshop

18:00 Drinks Reception

Day 2, Saturday 7th December 2019

Registration: New Hunt House, Kings College, Guys Campus,
Newcomen street, London SE1 1UL

Cadaver Lab: Department of Anatomy, Hodgkin Building,
Kings College, Guys Campus, London SE1 1UL

07:30 – 08:00 Registration, Breakfast & Instructions

Hands on cadaveric workshop

08:00 – 08:30 Registration, Breakfast & Instructions

08:30 – 10:00 Session one: Hands on cadaver workshop
(Station 1-8)

10:00 – 10:30 Coffee & Exhibitors (New Hunt House)

10:30 – 12:00 Session two: Hands on cadaver workshop
(Station 1-8)

12:00 – 13:00 Lunch & Exhibitors (New Hunt House)

13:00 – 14:30 Session three: Hands on cadaver workshop
(Station 1-8)

14:30 – 15:00 Tea & Exhibitors (New Hunt House)

15:00 – 17:00 Session four: Hands on cadaver workshop
(Station 1-8)

Station 1: Cervical Spine – Ultrasound & Procedure Guidance
Greater Occipital Nerve, Cervical nerve roots, facets/medial branch
and Cervical Sympathetic

Station 2: Thoracic & Lumbar Spine – Ultrasound & Procedure Guidance
Thoracic facets, Lumbar facets/medial branch & Caudal epidural

Station 3: Upper Extremity: Shoulder – Ultrasound & Procedure Guidance
Long head biceps, Rotator cuff muscles/tendons, Sub acromial bursa,
Acromio-clavicular / Glenohumeral joints & Suprascapular nerve

Station 4: Upper Extremity: Elbow & Wrist – Ultrasound & Procedure Guidance
(PRP processing)
Medial and Lateral elbow, cubital canal, ulnar nerve, wrist & median nerve

Station 5: Lower Extremity: Hip – Ultrasound & Procedure Guidance
Hip Joint, Greater Trochanteric Complex, Ilio-inguinal, Genitofemoral nerve &
Lateral femoral cutaneous nerve

Station 6: Lower Extremity: Knee & Ankle – Ultrasound & Procedure Guidance
Supra-patellar recess, medial collateral ligament, lateral knee, genicular nerves
& Tibio-talar joint

Station 7: Posterior Pelvis – Ultrasound & Procedure Guidance
Sacro-iliac Joint, Superior gluteal nerve, Piriformis, Pudendal Nerve
& obturator internus

Station 8: Peripheral Nerve Stimulation – Ultrasound & Procedure Guidance
Implant Techniques

17:00 Feedback & Conference closure