



GP EDUCATIONAL SERIES

PAIN MANAGEMENT UPDATES

**Leicester Marriott Hotel, Grove Park, Enderby
Leicester, LE19 1SW**

12th October 2019 between 9am to 12noon

Free Registration- Register on bookcpd.com

9.00-9.15- Introduction

Dr Sadiq Bhayani and Dr Rajiv Wadhwa

9.15-9.45- Pharmacological Management of Pain

Opioids, Gabapentinoids, Cannabis in Chronic Pain

Dr. Sadiq Bhayani & Dr. Rahul Bhansali

9.45-10.15- Strategies to deal with Opioid Crisis, Opiophobia

Dr Sadiq Bhayani & Dr Andrew Ball

10.15-11.00- Break-Refreshments, tea & coffee (NHS Pensions)

11.00- 11.20- Non pharmacological management of Chronic Pain

Evidence for Physiotherapy, Acupuncture, TENS therapy & alternatives

Dr Rahul Bhansali

11.20-11.40- Interventional Pain Management

Dr Sadiq Bhayani

11.40-12.00 noon- Psychology and Pain management

Dr Ashish Arora

12.00 noon- Feedback and Close

Faculty

**Dr Sadiq Bhayani- Consultant Pain Management- UHL, Spire & Nuffield
Leicester**

Dr Rajiv Wadhwa- General Practitioner- High Fields Surgery, Leicester

**Dr Rahul Bhansali- Consultant Pain Management- Chesterfield Royal
Hospital, Chesterfield**

**Dr Andrew Ball- Consultant Psychiatrist and De-addiction Specialist-
Turning Point, Leicester**

Dr Ashish Arora- Consultant Psychiatrist- UHL & Spire Leicester