



**Leicester Interventional Pain Cadaver Workshop (LIP-Cad)  
9 & 10<sup>th</sup> April 2019**

**Programme**

**Day 1- 9<sup>th</sup> April**

**8:00-8:30- Registration and coffee**

**8:30-8:45- Introduction- Lecture- Dr. Bhayani/ Dr. Kamel**

**8:45-9:00- Lecture-Demo (Cervical Spine- Dr. Gulati)**

**9:00-10:00- Station 1**

(Cervical Facet joint MBB, Third Occipital Nerve, Cervical Facet Joint Injection)

**10:00-10:15- Break**

**10:15-10:30- Lecture- Demo (Cervical Spine RF- Dr. Bhansali)**

**10:30-11:30- Station 2**

(Cervical Facet joint RF treatment)

**11:30-12:15- Lunch Break**

**12:15-12:45- Lecture- Demo (Lumbar Spine- Dr Kamel)**

**12:45-14:00- Station 3**

(Lumbar Facet joint MBB, FJI, Lumbar Nerve Root Block, Lumbar Sympathetic Block)

**14:00-14:15- Lecture- Demo (Lumbar Facet Joint RF- Dr Vasu)**

**14:15-15:15- Station 4**

(Lumbar Facet Joint RF)

**15:15-15:30- Break**

**15:30-15:45- Lecture- Demo (Thorax, SIJ- Dr Bhayani)**

**15:45-16:45- Station 5**  
(Thoracic Facet, SIJ, Ganglion Impar)

**16:45-17:00- Lecture- Demo (SIJ RF treatment- Dr Shoukrey)**

**17:00-17:30- Station 6**  
(SIJ RF treatment)

**17:30-18:00- Close**

## **Day 2- 10<sup>th</sup> April**

**8:00-8:30- Registration and coffee**

**8:30-9:00- Lecture- Demo (Head, neck, Peripheral Structures)**

**9:00-10:30- Station 1**

(Cervical Facet MBB, Cervical sympathetic chain, Cervical selective nerve root block, Greater Occipital Nerve block and RF, Quadratus lumborum block)

**10:30-11:00- Break**

**11:00-11:30- Lecture- Demo (Thorax, Lumbar spine, Pelvis)**

**11:30-13:00- Station 2**

(Intercostal nerve block, ESP, Caudal, SIJ, Piriformis, Sacral plexus Pudendal, Lumbar Spine, **Shoulder joint, SSNB, Axillary NB, GT Complex**)

**13:00- 13:45- Lunch Break**

**13:45-14:15- Lecture- Demo (Upper extremity-MSK 1)**

**14:15-15:45- Station 3**

(ACJ, Bicep peritendinous sheath, SASD Bursa, Carpal Tunnel, Elbow, **PECS, Serratus Plane, II-IH Nerves, TAP Plane, Rectus Sheath**)

**15:45-16:00- Break**

**16:00-16:30- Lecture-Demo (Lower extremity-MSK 2)**

(LFCN, Hip, Ilio-psoas Bursa, Hip Genicular Nerves, Knee joint, Knee Genicular Nerves, Adductor Canal, Saphenous Nerve)

**16:30-18:00- Station 4**

**18:00-18:15- Close**

## **Procedures covered**

### **Day 1 Procedures**

1. Cervical facet medial branch block
2. Third occipital Nerve Block
3. Cervical facet joint injections
4. Cervical medial branch RF
5. Lumbar facet medial branch block
6. Lumbar facet joint injection
7. Lumbar facet medial branch RF
8. Lumbar selective nerve root block
9. Lumbar sympathetic plexus block
10. Thoracic facets
11. Ganglion Impar
12. Sacro-iliac joint injections
13. Sacro-iliac joint RF

### **Day 2 Procedures**

1. Cervical sympathetic chain
2. Cervical selective nerve root block
3. Greater Occipital Nerve block and RF
4. Caudal epidural
5. Ganglion Impar block
6. Acromio-clavicular joint injection
7. Shoulder joint injection
8. Bicep peritendinous injection
9. Supra scapular nerve block and RF
10. Axillary nerve block and RF
11. Carpal tunnel and RF
12. PECS and Serratus plane block
13. Quadratus lumborum block
14. Erector Spinae Plane block
15. Intercostal nerve block
16. Ilio-inguinal and Ilio-hypogastric nerve block and RF
17. Lateral femoral cutaneous nerve of thigh (LFCN) and RF
18. Knee joint injection
19. Knee joint genicular nerve block and RF
20. Saphenous nerve block and RF
21. Hip joint injection
22. Greater trochanter complex
23. Hip joint genicular nerve block
24. Iliopsoas bursa injection
25. Piriformis injection
26. Sacral plexus block
27. Pudendal nerve block

## Course Faculty

Dr. Rahul Bhansali, Consultant, Chesterfield Hospital

Dr. Sadiq Bhayani, Consultant, Leicester General Hospital

Dr. Sumit Gulati, Consultant, Walton Centre, Liverpool

Dr. Yehia Kamel, Consultant Leicester General Hospital

Dr. Mahesh Kodivalasa, Consultant, Leicester General Hospital

Dr. Karim Shoukrey, Consultant, Leicester General Hospital

Dr. Yee Tang, Consultant, Leicester General Hospital

Dr. Devendra Tilak, Consultant, South Warwickshire NHS Trust

Dr. Thanthullu Vasu, Consultant, Leicester General Hospital

### Day 1

**Cad 1** Dr Sumit Gulati, Dr Rahul Bhansali & Dr Sadiq Bhayani

**Cad 2-** Dr Yehia Kamel, Dr Yee Tang & Dr Mahesh Kodivalasa

**Cad 3-** Dr Thanthullu Vasu, Dr Devendra Tilak & Dr Shoukrey

### Day 2

**Cad 1-** Dr Bhayani & Dr Tilak

**Cad 2-** Dr Bhansali & Dr Shoukrey

**Cad 3-** Dr Gulati & Dr Tang

**Cad 4-** Dr Kamel, Dr Kodivalasa & Dr Vasu