



LONDON PAIN FORUM VII “ADVANCES IN PAIN MEDICINE” INTERNATIONAL WINTER SYMPOSIUM TIGNES LE LAC, FRANCE – 20-25 JANUARY 2019

PROGRAMME

Symposium Venue: Salon Le Lac, Hotel Village Montana, Les Almes, 73320 Tignes Le Lac, France

Sunday 20 January 2019 – 17.00-20.00hrs

17.00-17.45 – REGISTRATION/RECEPTION

17.45-18.00 – Welcome and Introduction (Scientific Directors: T. Goroszeniuk/A. Bhaskar)

Opening Lectures

18.00-20.00 – Evening Session Day One:

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| 1. From Nociception to Compassion: a Journey Through the Cortical Integration of Pain in Humans (L. Garcia-Larrea, France) | 45min |
| 2. The Underworld of Sub-Perception Spinal Cord Stimulation (S. Thomson, UK) | 45min |
| 3. Q&A | 30min |

Monday 21 January 2019 – 08.00-09.30hrs & 17.30-20.00hrs

08.00-09.30 – Morning Session Day Two:

Neuromodulation for Pain: Minimally Invasive

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| 1. Cortical Neurostimulation for Chronic Pain: from Anecdote to Evidence (L. Garcia-Larrea, France) | 30min |
| 2. Percutaneous Temporary Neuromodulation for Acute and Chronic Pain (A. Thottungal, UK) | 30min |
| 3. Transcutaneous High Frequency Stimulation for Pain - Results from a Case Series of 500 Patients (I. Gillbe, UK) | 30min |

Ultrasound Guided Pain Management:

Radiofrequency Ablation and Peripheral Neuromodulation Procedures

17.30-20.00 – Evening Session Day Two:

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| Live Model Interactive Hands-on Scanning Session (A. Thottungal, UK) | 150min |
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Tuesday 22 January 2019 – 08.00-09.30hrs & 17.30-19.30hrs

Update on Interventional Pain Management

08.00-09.30 – Morning Session Day Three:

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| 1. Novel Focal Pain Intervention: Peripheral Nerve Field Stimulation by Micro-Cautery (C. Power, Ireland) | 30min |
| 2. Interventional Management of Discogenic Pain (A. Hammond, UK) | 30min |
| 3. Treatment of Modic Changes (H. Mylenbusch, The Netherlands) | 30min |

Neuromodulation for Pain: Update on Invasive Modalities

17.30-19.30 – Evening Session Day Three:

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| 1. Patient Selection & New Targets for Peripheral Neuromodulation (T. Goroszeniuk, UK) | 30min |
| 2. Electrical Stimulation for Mechanical Low Back Pain (S. Love-Jones, UK) | 30min |
| 3. Treatment of Coccygeal Pain (M. Tavakkoli, UK) | 30min |
| 4. Q&A | 30min |

Wednesday 23 January 2019 – 08.00-09.30hrs & 17.30-19.30hrs

Treatment of Neuropathic Pain

08.00-09.30 – Morning Session Day Four:

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| 1. Treatment of Neuropathic Pain (W. Hwang, USA) | 30min |
| 2. The Challenges of Managing Complex Patients with Painful Diabetic Neuropathies: 15 Years of Experience from Specialised Diabetic Poly Neuropathy Pain Clinic in Newport, Wales, UK (T. Ivanova-Stoilova, UK) | 30min |
| 3. Q&A | 30min |

Insights into Drug Therapy

17.30-19.30 – Evening Session Day Four:

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| 1. Managing Chronic Pain with Limited Opioid Resources (K. Alharbi, Saudi Arabia) | 30min |
| 2. Use of Cannabinoids in Switzerland (C. Perruchoud, Switzerland) | 30min |
| 3. Legalisation of Cannabinoids: British Pain Society Perspective (A. Bhaskar, UK) | 30min |
| 4. Q&A | 30min |



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Thursday 24 January 2019 – 08.00-09.30hrs

Interventional Management of Cancer Pain

08.00-09.30 – Morning Session Day Five:

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| 1. Role of Sympathetic Blocks in Cancer Pain (A. Bhaskar, UK) | 30min |
| 2. Intrathecal Pumps for Pain Related to Cancer (C. Perruchoud, Switzerland) | 30min |
| 3. Q&A | 30min |

Friday 25 January 2019 – 18.00-20.00hrs

Headache Management, Complaints, Leadership & Panel Discussion Topics

18.00-20.00 – Evening Session Day Six:

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| 1. Headache Management: Pain Specialist Perspective (V. Gorelov, UK) | 30min |
| 2. Update on Complaints Process (K. Hornby, UK) | 30min |
| 3. Leadership in Healthcare (TBC) | 30min |
| 4. Panel Discussion Topics (incl. Placebo and Rising Costs of Healthcare USA/UK) | 30min |

20.00 – CLOSE OF THE WINTER SYMPOSIUM