

# 13<sup>th</sup> RA-UK / ESRA Ultrasound in Pain Medicine Course 20-21 March 2020

## DAY ONE: FRIDAY, 20 MARCH 2020

Venue: Board Rooms, Second Floor Hunter Wing, St George's University of London, Cranmer Terrace, London, SW17 0RE (Closest train underground station is Tooting Broadway)

### PROGRAMME

08.30-09.00 **REGISTRATION/TEA & COFFEE/EXHIBITION**

09.00-09.15 **Introduction** (*Dr A. Krol, Dr B Nicholls*)

09.15-10.00 **MAIN LECTURE: SonoAnatomy & Pain Medicine** (*Prof B. Moriggl, Austria*)

### ***INTERACTIVE LECTURES/LIVE MODEL DEMOS WITH HANDS-ON SCANNING***

**10.00-10.55 SESSION ONE** **Chair: Dr Barry Nicholls**

10.00-10.15 **Cervical Roots, Stellate Ganglion, Suprascapular N**  
(*Dr A Krol, UK*)

10.15-10.55 **Hands-on Live Scanning**

### ***10.55-11.15 TEA, COFFEE & PASTRIES/EXHIBITION***

**11.15-13.05 SESSION TWO** **Chair: Prof Bernhard Moriggl**

11.15-11.30 **Cervical MBB, TON, GON** (*Dr U. Eichenberger, Dr D. Lorenzana, Switzerland*)

11.30-12.10 **Hands-on Live Scanning**

12.10-12.25 **Lumbar Facet, MBB, SI Joint, Superior Cluneal NN** (*Dr M. Greher, Austria*)

12.25-13.05 **Hands-on Live Scanning**

### ***13.05-14.00 LUNCH/EXHIBITION***

**14.00-15.50 SESSION THREE** **Chair: Dr Manfred Greher**

14.00-14.15 **Posterior Pelvis: Piriformis Muscle, Pudendal N, Caudal and More**  
(*Dr G Simpson, Dr A. Shetty*)

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- 14.15-14.55 Hands-on Live Scanning
- 14.55-15.10 Ilioinguinal, Iliohypogastric, LCNT, Genitofemoral, Abdominal wall  
(Dr A. Allan, Dr A. Thottungal)
- 15.10-15.50 Hands-on Live Scanning

## **15.50-16.10 TEA & COFFEE/EXHIBITION**

### **16.10-17.00 SESSION FOUR Chair: Dr Urs Eichenberger**

- 16.10-16.25 Joints-Shoulder, Knee, Hip (Dr J. Pilcher, Dr I. Atchia, UK)
- 16.25-17.05 Hands-on Live Scanning

## **DAY TWO: SATURDAY, 21 MARCH 2020**

Venues: H01. H02. Teaching Rooms, Ground Floor, Hunter Wing & Dept of Anatomy, Lower Ground Floor, Jenner Wing, St George's Hospital, University of London, Cranmer Terrace, London, SW17 0RE (Closest train underground station is Tooting Broadway)

### **PROGRAMME**

- 09.00 - 09.30 REGISTRATION/TEA & COFFEE/EXHIBITION
- 09.30 - 10.15 Stations 1-8
- 10.15 - 11.00 Stations 1-8
- 11.00 - 11.25 TEA, COFFEE & PASTRIES/EXHIBITION
- 11.25 - 12.10 Stations 1-8
- 12.10 - 12.55 Stations 1-8
- 12.55 - 13.40 Stations 1-8
- 13.40 - 14.40 LUNCH/EXHIBITION
- 14.40 - 15.25 Stations 1-8

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15.25 - 16.10 Stations 1-8

16.10 - 16.55 Stations 1-8

16.55 - 17.00 Closure

## HANDS-ON SCANNING STATIONS

- 1. Ilioinguinal, Iliohypogastric, Genitofemoral and Obturator including hip branches, LCT, Saphenous N , Genicular NN (live model)**  
*Dr Athmaja Thottungal / Dr Raja Reddy* am  
*Dr Graham Simpson / Dr Thomas Haag* pm
- 2. Posterior Pelvis Sonoanatomy - Gluteal Pain Syndrome: Superior Gluteal nerve, Piriformis muscle, Pudendal Nerve, Inferior cluneal nn, Sciatic nerve, Ischial Tuberosity (live model)**  
*Dr David Lorenzana / Dr Ashish Shetty* am  
*Dr Manfred Greher / Dr Anthony Allan* pm
- 3. Occipital Nerves (GON, TON, LON), Cervical MBB**  
*Dr Urs Eichenberger / Dr Hadi Bedran (cadaver lateral / prone)* am
- 4. Stellate Ganglion, Cervical Roots, Suprascapular nn – various levels approach (cadaver lateral/ supine)**  
*Dr Graham Simpson / Dr Thomas Haag* am  
*Dr Athmaja Thottungal / Dr Raja Reddy* pm
- 5. US/Fluoroscopy Radiofrequency Procedures: Cervical Medial Branches, Genicular Nerves/ SI joint/ Hip branches (1 - cadaver supine. 2 - cadaver prone)**  
*Dr Michal But / Dr Mario Fajardo*
- 6. Lumbar Facet /MBB/SI Joint/ Caudal (cadaver prone)**  
*Dr Manfred Greher / Dr Anthony Allan* am  
*Dr David Lorenzana / Dr Ashish Shetty* pm
- 7. Joint Injection: Shoulder, Hip, Knee**  
*Dr James Pilcher / Dr Ismael Atchia (live model)*
- 8. Ask the Expert and Exams Hot Chair Station**  
*Prof Bernhard Moriggl & All Faculty whenever free (live model)*