



London Society of Regional Anaesthesia

LSORA



**Revalidation
FOR ANAESTHETISTS**

6th USG Chronic Pain Medicine Workshop

Two-day Comprehensive Scanning Course

Course Organisers: Dr Athmaja Thottungal, Dr Ashish Shetty, Mr Ciaran Wazir

18th and 19th October 2019

UCH Education Centre, 1st Floor West, 250 Euston Road, London, NW1

www.lsorapainmedicineworkshop.com
www.bookcpd.com

LSORA 2019 WORKSHOP FACULTY

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DAY 1 (Lectures and Scanning) – 18th October 2019

Time	Topic	Faculty
08:15-08:45	Registration/Tea & Coffee/Exhibition	
08:45-09:00	Welcome and Introduction from LSORA	Dr Athmaja Thottungal, UK Dr Ashish Shetty, UK
09:00-09:20	Above and Beyond Steroid – Review of Possible USG Interventions	Dr Athmaja Thottungal, UK
09:20-09:40	What is New in Ultrasound Guided Pain Management Interventions	Dr Anuj Bhatia, Canada
09:40-10:10	Problem Based Learning – Head, Neck and Upper Limb – Part 1	Dr Michael Sommer, The Netherlands
10:10-10:45	Tea & Coffee Break/Exhibition	
10:45-11:15	Problem Based Learning – Head, Neck and Upper Limb – Part 2	Dr Raja Reddy, UK
11:15-11:45	Live Interactive Demo of Blocks- Head, Neck and Upper Limb	Dr Michael Sommer, The Netherlands/ Dr Raja Reddy, UK
11:45-12:15	Problem Based Learning – Shoulder, Elbow and Wrist Pain – USG Interventions	Dr Sadiq Bhayani, UK
12:15-12:45	Problem Based Learning – Hip, Knee and Ankle Pain – USG Interventions	Dr Pranab Kumar, Canada
12:45-13:45	Lunch and Exhibition	
13:45-14:05	Problem Based Learning – Thoracic Wall Pain	Dr Anuj Bhatia, Canada
14:05-14:25	Problem Based Learning – Lumbar Region Pain	Prof Dominic Harmon, Ireland
14:25-15:00	Live Interactive Demonstration of Thoraco Lumbar Regional Blocks	Dr Anuj Bhatia, Canada/ Prof Dominic Harmon, Ireland
15:00-15:30	Tea & Coffee Break/Exhibition	
15:30-16:00	Problem Based Learning – Pelvic Pain and Lower Limb USG Interventions – Part 1	Dr Ashish Shetty, UK
16:00-16:45	Problem Based Learning – Pelvic Pain and Lower Limb USG Interventions – Part 2	Dr Athmaja Thottungal, UK
16:45-17:15	Live Interactive Demonstration of Selected Pelvis and Lower Limb Blocks	Dr Ashish Shetty, UK/ Dr Athmaja Thottungal UK
17:15-17:30	Feedback and Closure	

DAY 2 (Hands-on Workshops) – 19th October 2019

Time	Topic	Faculty
08:15-08:45	Registration/Tea & Coffee/Exhibition	
08:45-09:10	Peripheral Neuropathies and Ultrasound Guided Interventions	Dr Christian Egeler, Wales, UK
09:10-09:20	Set up for Live Scanning	
09:20-10:00	Scanning station 1	
10:00-10:40	Scanning station 2	
10:40-11:00	Tea & Coffee Break/Exhibition	
11:00-11:40	Scanning station 3	
11:40-12:20	Scanning station 4	
12:20-13:00	Scanning station 5	
13:00-14:00	Lunch / Exhibition	
14:00-14:40	Scanning station 6	
14:40-15:20	Scanning station 7	
15:20-16:00	Scanning station 8	
16:00-16:40	Scanning station 9	
16:40-17:00	Feedback and Closure	

Workshop Topics	Blocks Covered
Head and neck pain	Cervicothoracic / Stellate ganglion, cervical plexus, cervical nerve root, GON, 3 rd Occipital, Great auricular, Dorsal scapular, cervical MBB and facet,
Thorax and upper limb pain	Paravertebral, intercostal, suprascapular, axillary nerve, PEC block/ Serratus plane block, ESP and Brachial Plexus-peripheral nerves.
Neuraxial pain	Lumbar facet, MBB, Psoas block / lumbar plexus and caudal, Quadratus lumborum block
Lower limb pain	Adductor canal, Adductor tendon, genicular nerve, Popliteal Sciatic, Tibial and peroneal nerves, PENG
Pelvic pain- posterior side	SIJ, caudal, piriformis, cluneal nerves, pudendal nerve and gluteal Sciatic, obturator internus
Abdominal wall pain and anterior pelvic region	IIN, IHN, GFN, rectus sheath / Anterior cutaneous nerve of abdomen, LFCN, Obturator nerve & Obturator externus
MSK-1	Shoulder, elbow and wrist
MSK-2	Hip, knee and ankle
Any block station	Ask Any block you want to master or learn again.
Needling station	Probe selection, IPA, OPA and water spine, basic setting of US machine