

London Society of Regional Anaesthesia and Pain Medicine
5th LSORA Ultrasound in Pain Management
12-13 October 2018

Course Organisers
 Dr Athmaja Thottungal, Dr Ashish Shetty, Mr Ciaran Wazir

**Venue: UCH Education Centre, 1st Floor West,
 250 Euston Rd, London NW1 2PG, UK**

Course faculty details and booking form
www.lsorapainmedicineworkshop.com

Day One – Friday, 12th October 2018

Time	Topic	
08:15-08:45	Registration and Exhibition	
08:45-09:00	Welcome and Introduction	Dr. Athmaja Thottungal, LSORA Dr. Ashish Shetty, LSORA
09:00-09:20	“Running from pain”- Ultrasound guided interventions in sports medicine.	Dr. Edward Williams, UK
09:20-09:40	“Solving some pain puzzles”-Ultrasound guided diagnosis and treatment of some peripheral neuropathies.	Dr. Amod Manocha, UK
09:40-10:10	Anatomy revisited - Part 1 Head, neck and upper limb.	Prof. Vishy Mahadevan, UK
10:10-10:45	Tea/Coffee and Exhibition	
10:45-11:15	Problem based learning- Head, neck and upper limb.	Dr. Michael Sommer, Netherlands
11:15-11:45	Live interactive demo of blocks- Head, neck and upper limb	Dr. Michael Sommer, Netherlands & Dr Athmaja Thottungal, UK

11:45-12:15	Problem Based Learning- Shoulder, elbow and wrist pain- ultrasound guided interventions	Dr. Sadiq Bhayani, UK
12:15-12:45	Problem based learning- Hip, Knee and ankle pain-Ultrasound guided interventions	Dr. Ismael Atchia, UK
12:45-13:45	Lunch and Exhibition	
13:45-14:25	Thoracic wall and abdominal pain- central vs peripheral interventions- Pro- con debate	Dr. Pranab Kumar, Canada & Dr Ashish Shetty, UK
14:25-15:00	Live interactive demonstration of Thoraco abdominal blocks	Dr. Pranab Kumar, Canada & Dr Ashish Shetty, UK
15:00-15:30	Tea/Coffee and Exhibition	
15:30-16:00	Anatomy revisited –Part 2 Pelvis and lower limb	Prof. Vishy Mahadevan, UK
16:00-16:45	Problem based learning-Pelvic pain and Lower Limb ultrasound guided interventions	Dr. Athmaja Thottungal, UK
16:45-17:15	Live interactive demonstration of selected Pelvis and lower limb blocks	Prof. Dominic Harmon, Ireland & Dr. Athmaja Thottungal, UK
17:15-17:30	Feedback and Closure	

Day Two – Saturday, 13th October 2018

08:15-08:45	Registration and Exhibition	
08:45-09:10	Low back pain - Ultrasound guided interventions for back pain	Prof Dominic Harmon, Ireland
09:20-10:40	Live Scanning Stations 1 st & 2 nd	All the Faculty
10:40-11.00	Tea/Coffee and Exhibition	
11:00-13:00	Live Scanning Stations 3 rd ,4 th & 5 th	All the Faculty
13:00-14:00	Lunch and Exhibition	
14:00-16:40	Live Scanning Stations 6 th ,7 th ,8 th & 9 th	All the Faculty
16:40-17:00	Feedback and Closure	All the faculty

Workshop topics	Blocks covered
Head and neck pain	Cervicothoracic / Stellate ganglion, cervical plexus, cervical nerve root, GON, 3 rd Occipital, cervical MBB and facet,
Thorax and upper limb pain	Paravertebral, intercostal, suprascapular, axillary nerve, PEC block / Serratus plane block and Brachial Plexus-peripheral nerves.
Neuraxial pain	Lumbar facet, MBB, Psoas block / lumbar plexus and caudal, Quadratus lumborum block
Lower limb pain	Adductor canal, Adductor tendon, genicular nerve, Popliteal Sciatic, Tibial and peroneal nerves,
Pelvic pain- posterior side	SIJ, caudal, piriformis, pudendal nerve and gluteal Sciatic, obturator internus
Abdominal wall pain and anterior pelvic region	IIN, IHN, GFN, rectus sheath / Anterior cutaneous nerve of abdomen, LFCN, Obturator nerve & Obturator externus
MSK-1	Shoulder, elbow and wrist
MSK-2	Hip, knee and ankle
Any block station	Ask Any block you want to master or learn again.
Needling station	Probe selection, IPA, OPA and water spine, basic setting of US machine