

12th RA-UK / ESRA / LPF Ultrasound in Chronic Pain Medicine London 22-23 March 2019

DAY ONE: FRIDAY, 22 MARCH 2019

Venue: H2.6-H2.8 Board Rooms, 2nd Floor, Hunter Wing, St George's University of London
Cranmer Terrace, London, SW17 0RE (Closest train underground station is Tooting Broadway)

PROGRAMME

08.30-09.00 **REGISTRATION/TEA & COFFEE/EXHIBITION**

09.00-09.15 **Introduction** (*Dr A. Krol, Dr B. Nicholls*)

09.15-10.00 **MAIN LECTURE: SonoAnatomy & Pain Medicine** (*Prof B. Moriggl, Austria*)

INTERACTIVE LECTURES/LIVE MODEL DEMOS WITH HANDS-ON SCANNING

10.00-10.55 SESSION ONE Chair: Dr Barry Nicholls

10.00-10.15 **Cervical Roots, Stellate Ganglion, Suprascapular N**
(*Dr R. Reddy, UK*)

10.15-10.55 **Hands-on Live Scanning**

10.55-11.15 COFFEE & PASTRIES/EXHIBITION

11.15-13.05 SESSION TWO Chair: Prof Bernhard Moriggl

11.15-11.30 **Cervical MBB, TON, GON** (*Dr U. Eichenberger, Switzerland*)

11.30-12.10 **Hands-on Live Scanning**

12.10-12.25 **Lumbar Facet, MBB, SI Joint, Superior Cluneal NN** (*Dr M. Greher, Austria*)

12.25-13.05 **Hands-on Live Scanning**

13.05-14.00 LUNCH/EXHIBITION

14.00-15.50 SESSION THREE Chair: Dr Manfred Greher

14.00-14.15 **Posterior Pelvis : Piriformis Muscle, Pudendal N, Caudal**
(*Dr A. Krol, UK, Dr A. Shetty, UK*)

14.15-14.55 **Hands-on Live Scanning**

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- 14.55-15.10 Ilioinguinal, Iliohypogastric, LCNT, Genitofemoral, Abdominal wall
(Dr G. Simpson, Dr A Allan)
- 15.10-15.50 Hands-on Live Scanning

15.50-16.10 TEA & COFFEE/EXHIBITION

16.10-17.00 SESSION FOUR Chair: Dr Urs Eichenberger

- 16.10-16.25 Joints-Shoulder, Knee, Hip (Dr J. Pilcher, UK, Dr I. Atchia, UK)
- 16.25-17.05 Hands-on Live Scanning

17.05-17.25 SESSION FIVE Hot Topic Lecture

- 17.05-17.25 Pericapsular Nerve Group (PENG) (Prof P. Peng, Canada)

DAY TWO: SATURDAY, 23 MARCH 2019

Venues: J07-J08 Teaching Rooms, Corridor 3, Ground Floor & Dept of Anatomy, Lower Ground Floor, Jenner Wing, St George's Hospital, University of London, Cranmer Terrace, London, SW17 0RE (Closest train underground station is Tooting Broadway)

PROGRAMME

09.00 - 09.30 REGISTRATION/TEA & COFFEE/EXHIBITION

09.30 - 10.15 Station 1
10.15 - 11.00 Station 2

11.00 - 11.25 TEA & COFFEE/PASTRIES/EXHIBITION

11.25 - 12.10 Station 3
12.10 - 12.55 Station 4
12.55 - 13.40 Station 5

13.40 - 14.40 LUNCH/EXHIBITION

14.40 - 15.25 Station 6
15.25 - 16.10 Station 7
16.10 - 16.55 Station 8

16.55 - 17.00 Closure

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HANDS-ON SCANNING STATIONS

1. **Ilioinguinal, Iliohypogastric, Genitofemoral and Obturator inc. hip branches, LCT, Saphenous N , Genicular NN** Prof Philip Peng/Dr Sadiq Bhayani (*live model*)
2. **Posterior Pelvis Sonoanatomy: Gluteal Pain Syndrome: Superior Gluteal nerve, Piriformis muscle, Pudendal Nerve, Inferior cluneal nn, Sciatic nerve, Ischial Tuberosity,**
Dr Ashish Shetty/Dr Athmaja Thottungal (*live model*)
3. **Greater Occipital Nerve, Cervical MBB, TON**
Dr Urs Eichenberger /Dr Hadi Bedran (*cadaver lateral/prone*)
4. **Stellate Ganglion, Cervical Roots , Suprascapular nn**
Dr Graham Simpson/Dr Raja Reddy (*cadaver lateral/ supine*)
5. **US/Fluoroscopy Radiofrequency Procedures: Cervical Medial Branches, Genicular Nerves/ SI joint/ Hip**
Dr Andrzej Krol/Dr Michal But (1- *cadaver supine* 2- *cadaver prone*)
6. **Lumbar Facet/MBB/SI Joint/ Caudal**
Dr Manfred Greher/ Dr Anthony Allan (*cadaver prone*)
7. **Joint Injection: Shoulder, Hip, Knee**
Dr James Pilcher/Dr Ismael Atchia (*live model*)
8. **Ask the Expert and Exams Hot Chair Station**
Prof Bernhard Moriggl & All Faculty whenever free (*live model*)