

Essex Pain International Conference EPIC Autumn 2017

Programme

0815 - 0845 Registration

0845 - 0900 Introduction & Housekeeping - Course Directors: Dr S Sharma & Dr S Jigajinni

0900 - 0930 Ultrasound Physics, Image Optimization and Needling Technique
Dr Irfan Raza, Frimley Health NHS Foundation Trust

0930 - 1000 Brachial Plexus & Upper Limb Blocks
Dr Sheelaj Sharma, Basildon & Thurrock NHS Foundation Trust

1000 - 1030 Masterclass 1
Dr Sheelaj Sharma & Dr Irfan Raza

1030 - 1100 Coffee & Refreshments

1100 – 1130 Safety in Regional Anaesthesia – How can we reduce risk?
Dr B Bellew, Imperial College Healthcare NHS Trust

1130 – 1200 Wide Awake Local Anaesthesia No Tourniquet (WALANT) – Novel awake UL surgery
Dr Pradip Joshi, Frimley Health NHS Foundation Trust

1200 - 1230 Masterclass 2
Dr Madan Narayanan & Dr Pradip Joshi

1230 - 1330 Lunch



27th Nov
2017

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1330 - 1400 Building a Block Room

Dr Sanjiv Patel, University College London Hospitals NHS Foundation Trust

1400 - 1430 Continuous Regional Anaesthesia

Dr Madan Narayanan, Frimley Health NHS Foundation Trust

1430 - 1500 Masterclass 3

Dr Sheelaj Sharma & Dr Madan Narayanan

1500 - 1515 Coffee & Refreshments

1515 - 1545 Regional Anaesthesia for Total Knee Arthroplasty

Dr Amit Soodan, Lewisham & Greenwich NHS Trust

1545 - 1615 Anticoagulants and Regional Anaesthesia

Dr Suyogi Jigajinni, Barts Health NHS Trust

1615 - 1645 Masterclass 4

Dr Amit Soodan & Dr Suyogi Jigajinni

1645 - 1700 Close and Debrief



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0800 - 0830 Registration & Coffee

0830 - 0950 Scanning Sessions 1 & 2

0950 - 1000 Coffee & Refreshments

1000 - 1200 Scanning Sessions 3, 4 & 5

1200 - 1245 Lunch

1245 – 1405 Scanning Sessions 6 & 7

1405 - 1430 Coffee & Refreshments

1430 - 1550 Scanning Sessions 8 & 9

1550 - 1605 Coffee & Refreshments

1605 - 1645 Scanning Session 10

1645 - 1715 Feedback, Certificates and Close

Scanning Stations

Needling 1 & 2: Practice on meat & blue phantoms

- Knobology, Basic needling & Probe handling
- Continuous catheter techniques

Upper limb 1 & 2: Real time scanning

- Superficial cervical plexus, Interscalene & Supraclavicular brachial plexus
- Infraclavicular, Axillary brachial plexus & Forearm blocks

Lower limb 1 & 2: Real time scanning

- Femoral, Fascia iliaca, Adductor canal & Obturator blocks
- Transgluteal sciatic, Popliteal sciatic & Ankle blocks

Spinal Sonography 1 & 2 – Real time scanning

- Lumbar spine
- Paravertebral space

Chest Wall & Abdomen: Real time scanning

- PECS, Serratus anterior, Erector spinae & Intercostal blocks
- TAP, Rectus sheath, Quadratus lumborum & Ilio-inguinal blocks

