

28th Feb  
2018

# Cadaveric Advanced Ultrasound Guided Regional Anaesthesia

## C-AU RA

### Programme

0815 - 0845 Registration

0845 - 0900 Introduction & Housekeeping

Course Directors: Dr Sanjeev Bhoi Dr S Sharma

0900 - 1030 Session 1

0900 - 0930 Ultrasound Physics, Image Optimization and Needling Technique

Dr A Venkataraju, Winchester, UK

0930 - 1000 Brachial Plexus & Upper Limb Blocks

Dr S Sharma, Basildon, UK

1000 - 1030 Masterclass on Session 1 topics

Dr S Sharma & Dr A Venkataraju

1030 - 1100 Coffee & Refreshments

1100 - 1230 Session 2

1100 - 1130 Analgesia for lower limb amputation

Dr Prit Singh, Singapore

1130 - 1200 Regional anaesthesia in Knee Arthroplasty

Dr S Sharma, Basildon, UK

1200 - 1230 Masterclass on Session 2 topics

Dr S Sharma & Prit Singh

1230 - 1330 Lunch



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## Programme

1330 - 1500 Session 3

1330 – 1400 Updates on Analgesia for breast surgery

Dr M Narayanan, Frimley, UK

1400 – 1430 Safety in Regional Anaesthesia – How can we reduce risk ?

Dr H Wagh, Mumbai, India

1430 - 1500 Masterclass on Chest wall blocks

Dr M Narayanan & Dr H Wagh

1500 - 1530 Coffee & Refreshments

1530 - 1700 Session 4

1515 - 1545 Analgesia for Laparotomy

Dr A Venkataraju, Winchester, UK

1545 - 1615 Continuous Regional Anaesthesia

Dr M Narayanan, Frimley, UK

1615 - 1645 Masterclass on Abdominal Wall Blocks

Dr A Venkataraju & M Narayanan

1700: Close of Day 1



01st Mar  
2018

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### Programme

0800 - 0830 Registration

**Group 1: Workshop scanning: Delegates = 30**

0830 – 1030 : Scanning stations 1, 2, 3 & 4

**1030 – 1100: Coffee & Refreshments**

1100 – 1230: Scanning stations 5, 6 & 7

**Group 2: Cadaver Needling: Delegates = 20**

0830 – 1030 : Needling stations 1 & 2

**1030 – 1100: Coffee & Refreshments**

1100 – 1230: Needling stations 3 & 4

**1230 - 1330 Lunch**

Group 1: Cadaver Needling: Delegates = 20

1330 – 1530 : Needling stations 1 & 2

**1530 – 1600: Coffee & Refreshments**

1600 – 1730: Needling stations 3 & 4

**Group 2: Workshop scanning: Delegates = 30**

1330 – 1530 : Scanning stations 1, 2, 3 & 4

**1530 – 1600: Coffee & Refreshments**

1600 – 1730: Scanning stations 5, 6 & 7

1730 - 1745 Feedbacks, Certificates and Close



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## Programme

### Workshop scanning stations:

#### Station 1:

Needling 1: Practice on meat & blue phantoms  
Basic needling techniques & Probe handling  
"Knobology" & Continuous catheter techniques

#### Station 2 & 3

Upper limb 1 & 2: Real time scanning  
Superficial Cervical Plexus, Interscalene & Supraclavicular brachial plexus  
Infraclavicular, Axillary brachial plexus & Forearm blocks

#### Station 4 & 5

Lower limb 1 & 2: Real time scanning  
Femoral, Fascia iliaca, Adductor canal & Obturator blocks  
Transgluteal Sciatic, Popliteal sciatic

#### Station 6:

Chest Wall  
PECS, Serratus anterior & Intercostal blocks

#### Station 7:

Abdomen: Real time scanning  
TAP, Rectus sheath, Quadratus lumborum & Ilio-inguinal blocks

### Cadaver needling stations

2 delegates per group, 4 delegates/cadaver

- Stations 1 & 2 (Duration: 1.5 hours)
- Stations 3 & 4 (Duration 1.5 hours)
- Blocks on demand (Duration 0.5 hours)

### Stations:

Upper Limb- Interscalene, Supraclavicular, Infraclavicular & Axillary block  
Lower Limb: Femoral, Fascia Iliaca, Adductor canal, Popliteal sciatic  
Chest wall: PEC's 1 & 2, Serratus plane  
Abdomen: TAP, Ilioinguinal, Rectus sheath blocks,



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Programme

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